

Makes 6 Muffins

Ingredients

140g Plain Flour (110g plain flour and 30g cocoa)

1 and ½ teaspoons of baking powder

Pinch of salt

60g soft light brown sugar

1 egg

125ml milk

3 tablespoons of oil

½ teaspoon of vanilla extract – not in chocolate ones

Method

1. Sift together the dry ingredients.
2. Make a well in the middle.
3. Beat the egg in a separate bowl add all other ingredients to the egg.
4. Pour the wet mix into the dry mix and stir – not too thoroughly .
5. Add any fruit and spoon into muffin papers – cook for 20mins at 200 centigrade.
6. Remove from oven – allow to cool.
7. EAT!!!

